

Hawaii MARINE SPORTS

HAWAII MARINE C SECTION

NOVEMBER 5, 2004

Fighter's Unlimited brings in a crowd

Cpl. Megan L. Stiner
Combat Correspondent

Crowds of fans and friends crammed into Kahuna's Ballroom Saturday, to watch four members of the Fighter's Unlimited Boxing Team match-up against fighters from the Palolo Boxing Club during Saturday Night Boxing.

Although the bouts didn't go as well as the K-Bay boxers intended, they put on a show for the fans that won't soon be forgotten.

The first fighter was a last minute addition to the Fighter's Unlimited roster. Melvin Riley is one of the team's newest members making his debut against a more experienced Palolo boxer.

The first fight was based on technique and skill. Both fighters took their time before they initiated a jab or hook, and the result was a more relaxed clean fight. The atmosphere seemed to work at an advantage for Riley, giving him an opportunity to become comfortable with his presentation. By the third round, his intensity had increased and his punches became more consistent and made better contact.

Unfortunately for him, Riley's intensity came too late into the bout to award him a victory. But the progress he made during his first appearance will no doubt lead him into success in future fights.

The second bout was between Fighter's Unlimited's Richard Ransom and Palolo Boxing Club's Clinton Shelton.

The second fight began much different than the first. Both fighters came out with their fists flying within the first seconds of the match. Ransom fought a clean focused fight and landed many combinations on the body of Shelton.

The second round was Shelton's peak performance, as he caught Ransom off guard, knocking him to the ground.

But Ransom quickly got back up and once again advanced on his opponent. By the third round the initial intensity had worn down both fighters. The end of the bout left fans wondering

See BOXING, C-7



Cpl. Megan L. Stiner

Kaneohe Bay's Fighter's Unlimited Boxing Team member Ronald Miller takes a hard hit from Palolo Boxing Club's Mark Rodrigues. Miller was K-Bay's champion fighter Oct. 30 during the boxing tournament held at Kahuna's Ballroom. Three other K-Bay fighters took on Palolo boxers but only Miller came away with the win.

Marine Corps Marathon

Marine wins women's division title

Cpl. J. Agg
MCB Quantico

MARINE CORPS BASE QUANTICO, Va — Quantico Marine and veteran All Marine runner, Capt. Mary Kate Bailey, became the first Marine to win the women's division of "The Peoples' Marathon" Sunday in Arlington since 1st Lt. Joanna Martin accomplished the feat in 1979. Retta Feyissa, a New York resident from Ethiopia, won the men's division.

Bailey, a Long Island, N.Y., native currently serving as assistant inspector at the Base's Office of the Inspector, pulled away from her competition to run the final 12 miles of the 29th Annual Marine Corps Marathon unchallenged with a time of 2:48:31. Lieutenant Cmdr. Kimberly Fagan, of San Diego, Calif., placed second at 2:51:17, and Suzanne Clemmer, of Gastonia, N.C., who won the Grandfather Mountain Marathon, Virginia Creeper Marathon and Charlotte



Sgt. Donald P. Bohanner

Mary Kate Bailey(center), a member of the All-Marine running team, runs amongst a group of men during the 29th annual Marine Corps Marathon Sunday. Bailey finished the race in 2:48:31 beating the men in the picture by about four minutes.

Marathon earlier in 2004, finished third in 2:59:11.

Feyissa, who finished in 2:25:35 to claim the overall win, exchanged

the lead with Terrance Shea of Rochester, Mich., for the final two and a half miles before Shea dropped behind to finish second in 2:25:57. Christopher Juarez of San Antonio finished third in 2:26:03.

Bailey, whose three brothers, all Marine officers, were on hand to offer support during and after the race, said the memory of her father, also a Marine and Vietnam War veteran, helped to keep her motivated throughout the race.

"My father is buried at Arlington," said Bailey. "He was in the back of my mind."

Bailey also praised the efforts of the Marines who worked in support of the marathon.

"The Marines out there are giving awesome support," said Bailey.

Bailey's older brother, Maj. Farrell Sullivan, a project officer for the Marine Corps Combat Development Command Concepts Branch here, said attending the Marathon to sup-

See MARATHON, C-7

3rd Rad beats 2/3 Warriors, 16-14

Lance Cpl. Michelle M. Dickson
Media Chief

With what seemed at first to be another easy win for 3rd Radio Battalion, proved to be more difficult than expected when the 2nd Battalion, 3rd Marine Regiment Warriors gave them a run for their money in Monday night's softball game at Riseley Field with a final score of 16 -14.

Third Radio Battalion came into the game leading the softball league with a 9-0 record,

The team finished up the first inning like they began many of their season games, scoring three runs and allowing the Warriors no runs. Third Radio's tough pitches by Julian Wynn, and their powerful hits gave them a strong start.

The top of the second scored two more runs for 3rd Radio by shortstop Andy Nevitt and second baseman Douglas Cunningham, before the Warrior's first baseman A.J. Keeton caught a pop fly, bringing it to the bottom of the second. Good hits and quick maneuvers left the Warrior's trailing only by 2, bringing the score to 5-3.

The third inning began to demonstrate again the skill that 3rd Radio Bn possesses when they finished out on top and the gap in score widened to 9-3 after a tough bottom for the Warriors.

Runs by third baseman Jeremy Rose and right fielder J.R. Sorem, were closely followed by Coach Todd Adams and captain Mike Johnson scoring for 3rd Radio, but allowing the Warriors who desperately tried to stay alive to never get to home plate.

The fourth inning proved to be similar to the previous ones with the only run for the Warriors being a home run hit by shortstop Jason Carson. While by the bottom of the fifth, the Warriors had only squeezed out one run closing it out with a score of 13 to 4.

The top of the sixth only created a larger gap between the teams as 3rd Radio Bn. finished up by scoring 3 more runs, leaving the Warriors with what seemed like no chance at the bottom of the sixth with a score of 16 to 4, but a turnaround quickly occurred that nearly upset 3rd Radio Bn.

The Warriors came back quick and hard leaving 3rd Radio Bn. barely scraping by for the win. Poor plays by 3rd Radio Bn sent the Warriors easily catching up for a near win. Nick Bess was walked to first base and eventually sent home after runs by second baseman Erik Delgadillo, left center Patrick Coddling and shortstop Jason Carson appeared effortless. The runs kept coming before the final inning closed out leaving the Warriors just short with a final score of 16-14.

"Third Radio Battalion was one of the hardest teams we've played so far this season," said Warriors Coach Tyler Watson. "I honestly believe we

See SOFTBALL, C-7

Warriors crawl by Outlaws, 6-0

Cpl. Megan L. Stiner
Combat Correspondent

The top two powerhouses of this year's intramural football season, the Headquarters Battalion Warriors and the Combat Service Support Group 3 Outlaws, went head to head Monday in what may have been the season's closest matched game ending with a final score of 6-0 in favor of the Warriors.

Both teams came on the field with the intention of winning as well as giving their opponents something to remember them by. When all was said and done, it ended up being a long and strenuous battle even for the kickers: Warrior's Gearold Provence and Outlaws Emmanuel Ellis.

The Outlaws received the first kickoff, but their possession didn't last very long. Warrior all-star David Borrego managed to recover a fumble during the third play and the Warriors took a turn at moving the ball up the field.

Warrior quarterback Kevin "K-Mart" Martin had his fair share of quality receivers. Between Borrego, Dennis Splain, Stefon Herbert and John Fury, Martin should have had his work cut out for him. The Outlaw defense was not as easily convinced though, and they proved their dominance on the field by holding the Warriors at a standstill until a fumble on the swap returned possession to the eager Outlaw offense.

The Outlaw duo of quarterback Ezekiel Winchester and receiver

Mauricio Benavides tried to move the ball up the field but they received a lot of resistance from the Warrior defense and eventually the Warriors took back possession.

From punts to fumbles, there was no possible way to turn the ball over that these teams did not execute, multiple times. The next few possessions lasted mere minutes for both teams as the defenses held the offenses off until they punted, again and again and again until the first quarter ended.

The first exciting play came when Borrego received a short pass from Martin and proceeded to twist and turn his way through the defense for a first

See FOOTBALL, C-7



Cpl. Megan L. Stiner

The Headquarters Battalion Warriors (right) prepare to hike the ball to their all-star quarterback while the Outlaw defensive line prepares to try to stop them from advancing. The Warriors beat the Outlaws 6-0.

BASE SPORTS

November

Today

3rd Annual Turkey Burn Off — The Turkey Burn Off has been postponed. The future date will be announced.

The Semper Fit Center's Main Gymnasium, racquetball court and aerobic room will all be closed temporarily due to resurfacing. They will be closed from now until some time in the beginning of December.

Receive a free voucher for the Turkey Burn Off, which will be held sometime in January, by donating to The Toys for Tots collection. The collection will be held through all of November and December at the Semper Fit Center.

For more information, contact the Semper Fit Center at 254-7597.

6 / Saturday

Athletic Shoe Clinic — From 11:30 a.m. until 3 p.m., head to the Marine Corps Exchange for all of your athletic shoe needs.

Nike, Asics and New Balance representatives will be on-hand to answer questions and offer advice on selecting the right shoe for you.

You will even receive 20 percent off selected name brands during the event (does not include special orders, clearances



or prior purchases).

Certain restrictions apply; call 254-3890 for further information.

8 / Monday

Intramural Football Playoffs — Head to Pop Warner Field for hard-hitting playoff football action. The game begins at 6 p.m.

Who's going to win the championship title? Find out by going to the games, and supporting your team. Call 254-7591 for schedule information.

Ongoing

Gone Fishin' — Join Mahalo Kai Fishing Charters for a day beyond the bay.

Located at the base marina, the charter contractor has two different boats to accommodate all of your fishing needs.

Check out its newest boat, the Bill Collector, built for charter fishing at its finest and most comfortable. Call 254-7667 for more information.

Inexpensive, Fun Entertainment — Look no further for economical entertainment, Mondays through Thursdays, all E-5 and below can receive free rental shoes and discounted games at only \$1.50 a game. This discount is good for open play, and does not qualify for tournaments, leagues or unit functions.

Call the K-Bay Lanes now to get the spin at 254-7693.

Color Pin Special — Every Wednesday, roll a strike when a colored pin is in the head-pin position, and win up to three free games of bowling.

All patrons are welcome to this deal. If you make the play, you win.

Parents for Fitness — This cooperative baby-sitting effort is available at the Semper Fit Center, for children ages 6 weeks and older.

All active duty service members and their families may participate; however, PFPF participants are required to volunteer baby-sit three times per month.

Call 235-6585 for more information.



Paintball Hawaii — Near the Lemon Lot, by the intersection of Harris Road and Mokapu Road lays Paintball Hawaii. Shoot over for the great deals and have a blast.

Cost is only \$25 per person, and the fee includes one air refill, equipment and the field fee.

Players can purchase paint at the field from \$45 – \$50 for a case of 2,000 balls.

The field is open on weekends from 9 a.m. to 5 p.m. Call 265-4283 for Friday appointments.

Junior Lifeguards — The base

pool is currently offering Junior Lifeguard instruction for the youth at MCB Hawaii.

Let your kids enhance their skills and abilities in the water, plus gain confidence and experience that can lead to a job. Contact the base pool at 254-7655.

Take the Plunge — Wet your feet and beat the heat at any one of four MCCA pools that serve your swimming demands. Splash to the K-Bay main pool at building 981, the Hilltop Pool at building 502 (for O' Club members only), the Camp Smith pool at building 125, or the Manana Housing pool in building 840.

Massage Therapy — Massage therapy, by certified massage thera-

pists, is available at both Kaneohe Bay and Camp Smith.

The massage therapy program will help relieve your mental and physical fatigue and improve your overall circulation and body tone.

Appointments are available by calling the K-Bay Semper Fit Center at 254-7597, or Camp Smith at 477-5197.

Okinawa Kenpo Karate — Every Tuesday and Thursday, join Marine Corps Community Services Youth Activities' contractor for Kenpo Karate Kobudo classes, held from 6 – 7:30 p.m. in building 1391, located behind the 7-Day Store.

Adults and children are welcome, and costs are only \$35 for adults and \$25 for children. Additional family members cost \$20.

Call MCCA Youth Activities for information at 254-7610.



Cpl. Megan L. Stiner

Bandits take the win

Marine Aircraft Group 24 Bandit's key running back, Michael Hershfeldt, runs up the middle gaining a few more yards during Wednesday's game at Pop Warner field, where the Bandit's defeated the 3rd Marine Regiment Dirty Thirds 28-14 in this year's last regular season game.

Base All Star



Emmanuel "Finkle" Ellis

Unit: Headquarters Co.,
Combat Service Support Group 3
Billet: Embarker
Position: Kicker
Team: CSSG-3 Outlaws
Hometown: Minneapolis, Minn.

- Ellis has been a kicker for four years, two years in high school, and two years for the Marine Corps.
- He also played for the CSSG-3 volleyball team, when in 2003 they were the MCB Hawaii intramural champions.
- In his younger years he started out playing soccer, which eventually led to his football position as kicker.



COMMUNITY SPORTS

HTMC to Host Two Weekend Hikes

Adventurers should meet at Iolani Palace at 8 a.m. for each hike.

Saturday's hike is the 5th Annual All-Wahine Hike in Kaneohe. This 6-mile, intermediate hillside jaunt for women is a truly pleasurable hike, with a scenic garden, along the Windward foothills between the Pali and Wilson tunnels.

Call coordinator Joyce Oka at 674-1459 for detailed information.

On Sunday, advanced hikers will tackle a 12-mile ridge hike in Moanalua.

Adventurers conquer this ridge from Moanalua Valley and climb toward the summit amidst native plants, an occasional native bird and glorious views of Central Oahu and the Windward side. Expect some narrow sections and steep dropoffs to negotiate. Call coordinators Jay Feldman at 842-9596 and Wil Kawano at 373-1492 for detailed information.

A \$2 donation is requested for each non-member, age 18 or over. A responsible adult must accompany children under 18.

Bring lunch and water on all hikes and wear sturdy shoes and clothing. Firearms, pets, radios and other audio devices are prohibited on hikes.

Check out the HTMC Web site at www.geo.cities.com/Yosemite/Trails/3660 for more information.

State Offers Outdoor Education

The Hawaii Department of Land & Natural Resources is offering education classes for the public. Subjects covered include firearms and archery safety, survival and first aid, wildlife identification and conservation, regulations, game care and outdoor responsibility.

Attendance at two sessions is required for certification, and classes are open to anyone 10 years or older who enjoys the outdoors — not just hunters.

The next two-day session is Nov. 19 from 5:45 to 10 p.m. and Nov. 20 from 7:45 a.m. to 4 p.m. in classroom A-212 at the Nimitz Business Center, 1130 N. Nimitz Hwy. (Drive up the ramp to the classroom, which is the first room on the right.)

A picture ID is required for entry to the sessions. For more information about outdoor

education, or to sign up for this course, call 587-0200 or visit www.hawaii.gov/dlnr/Welcome.html.

Kailua Beach 10K Run 2004

Test your running legs Sunday at 6:30 a.m. on a measured 10K course that starts at Kailua Beach Park Pavilion.

Athletes will continue into Lanikai, circling the loop two times before returning back to the beach park to the finish line.

Entry fee is \$20 by Nov. 1. Get race applications at BOCA Headquarters at 330 Cooke St. or in Athletes Hawaii magazine, or sign up online at www.active.com. Call 591-9839 for details.

Friends of Kailua High School to Host 5K

The Friends of Kailua High School, composed of students, faculty, parents, alumni and other supporters, is sponsoring a 5K fun-walk/run on Nov. 14.

The event kicks off at 7 a.m. at the Kailua High School gym located at 451 Ulumanu Drive in Kailua. Proceeds from the event will go to the high school's Computer Academy.

Entry fees for the race are \$19 with a T-shirt, \$10 without a T-shirt. Entry forms can be found in the Athletes Hawaii magazine, available at sporting goods stores or at Kailua High School. Online registration can be done at www.active.com. Registration will also be accepted starting at 6 a.m. on race day.

Call Ann Higashi at 266-7900 or Ed Kemper at 524-0330 for more information.

Turkey Swim, Nov. 21

Ala Moana Beach Park will be the site of a 1000m and 2000m Turkey Swim Nov. 21 at 8:30 a.m. Call 536-3556 for details.

Harlem Globetrotters Tickets on Sale

Tickets are on sale now for a Nov. 30 appearance by the world-famous Harlem Globetrotters. The show begins at 7:30 at the Blaisdell Arena. The show is part of the Trotter's current Asia-Pacific tour.

The Globetrotters are the world's most popular basketball team. They have performed before more than 120 million people in 117 countries since their first game in 1927.

Tickets are priced at \$35 for courtside and side risers, \$25 for risers and \$15 and \$10 for upper levels.

Special discounts apply for children 12 and under, seniors 65 and older and those with a military ID.

Discounts are \$3 off \$35 and \$25 tickets and \$2 off \$15 and \$10 tickets. There is also a 10 percent discount for groups of 20 or more.

Tickets are available at the Blaisdell Box Office and all Ticketmaster locations, including Times Supermarkets.

Adventure Race at Kualoa Ranch

The second of three main series races on Oahu will further test racers' skills in adventure racing and includes some night time operations.

Race 2, Dec 19, will consist of hiking & trekking, orienteering & navigating, kayaking, ropes, mountain biking, an environmental sensitivity project and a mystery team builder. It will be completely self-supported in a team format and will last approximately 4-6 hours. The Adventure Race Hawaii Sprint Adventure Race is a USARA sanctioned race.

Advanced certifications in ropes and water will be required. Each certification clinic is \$25 and clinics are offered the day before the race at Kualoa Ranch at the following times. If you have prior open ocean and wave surfing Kayaking experience as well as fixed rope ascending and traversing experience you will need to provide a list of your levels of experience if not you will be required to attend the ropes and kayaking certifications.

Registration is currently underway online at www.active.com or adventurers can register the day prior to the race, Dec. 18, at Kualoa Ranch.

Entry fees are \$170 for two person teams and \$330 for four person teams. Military participants are \$153 for two person teams.

Visit www.adventureracehawaii.com/race_2_overview.php or call 591-9839 for detailed race information.

Bellows Offers Adventure Programs

Whether you are spending a few weeks or just visiting for the day, check out any of the following weekly Bellows Outdoor Adventures programs.

For more information, call Turtle Cove at 259-4121 anytime from 8 a.m. to 8 p.m. (Bring bottled water and sunscreen for outdoor activities.)

- **Saturdays at 8 a.m., Morning Paddle:** Take the guided kayak tour to the Mokulua Islands, which offers the opportunity to see birds up close in their natural habitat. Advanced skill level is required.
- **Saturdays at 1 p.m., History Tours by van:** Learn about and see significant historical landmarks on Bellows Air Force Station.
- **Sundays at 8:30 a.m., History Tours by bike:** Ride into off-limits areas on mountain bikes for an extensive seven-mile, three-hour, guided tour of Bellows AFS. Day rental of bikes and helmets is included. Wear closed-toe shoes.
- **Mondays at 8:30 a.m., Hike to Makapuu:** Take a moderate 2.5-mile roundtrip hike to the Makapuu Lighthouse. Wear closed-toe shoes.
- **Tuesdays and Thursdays at 10 a.m., Lei Making:** Pick your own flowers to use in making beautiful lei and enjoy ancient Hawaiian folk tales and stories.
- **Wednesdays at 6:30 a.m., Bikram's Yoga:** Gain a sense of well-being and good health in this Indian-style form of yoga, which features 26 postures and two breathing exercises.
- **Wednesdays and Fridays at 8:30 a.m., Snorkeling Tour:** Discover the magnificent underwater world of the ocean at a nearby, undisturbed reef. Transportation, instruction and snorkeling equipment are included.
- **Wednesdays and Thursdays at 1 p.m., Kayaking Lessons:** Master ocean-kayaking skills including water safety and efficient paddling techniques in this two-hour class.
- **Thursdays at 9 a.m., Beach 101:** The whole family can attend this fun class.
- **Fridays at 1 p.m., Bodyboarding Lessons:** Learn how to catch and ride the waves. Free day rental of boogie board is included.

Hawaii Marine Accepts Sports and Recreation Briefs

Advertise sports and recreational activities of general interest to the DoD community in the *Hawaii Marine*.

E-mail items to editor@hawaiimarine.com, or call the *Hawaii Marine* at 257-8836 or 257-8837.



The Bottom Line

(Editor’s Note: “The Bottom Line” is the **Hawaii Marine’s** weekly sports commentary from two sports aficionados who rarely see eye-to-eye when it comes to America’s one true obsession — sports. Chances are you’ll either agree with one of their takes or disagree with both. The **Hawaii Marine** welcomes your e-mails of no more than 250 words. We will print the top comment of the week from our readers. Send “Readers Strike Back” comments to editor@hawaiimarine.com. Remember, “**If you don’t speak up, you won’t be heard.**”)

What’s in store for the NBA season?

Sgt. Joe Lindsay
The Goat

What a long, strange trip it has been.

Seems like another lifetime ago when Larry Brown and the Detroit Pistons captured the NBA title in June. Seems like just yesterday when Larry Brown and a bunch of shoe contract “All-Stars” threw away Olympic Gold in August.

Indeed, a lot happened in the basketball world in the summer of 2004: Kobe stayed out of jail; Shaq got himself traded to Miami rather than play with Kobe again; Phil retired rather than coach Kobe again; Carmelo’s glaucoma cleared up and a high school kid out of Southwest Atlanta Christian University, err, High School, was the first pick in the draft.

Still, the more things change, the more they stay the same. Anyone who doubts that need look no further than Portland, Ore., where despite Blazer managements assurances that good citizenship and character were going to be the hallmarks of their players, saw incidences of nightclub shootings (Zach Randolph, charges dropped) and Pit Bull dog fighting (Qyntel Woods, charges pending). It was later determined that Randolph was not the trigger man, but he did his best Ray Lewis impression and found himself in hot water for obstruction of justice. Oh, and Woods’ glaucoma seems to have cleared up, but he will miss the first five games of the season for failure to obtain a proper prescription for his

glaucoma medication. So, the Trailblazers are still the Jailblazers, Kobe is still in L.A., and Phil Jackson is writing books again. But there is still an NBA season to play. When it is all said and done, the Clippers will still be horrible, the Warriors will have broken the Goat’s heart (again), Utah will have lost in the first round, and Jason Kidd will be demanding to be traded after failing to lead the Nets to the playoffs. Having said that, let’s cut to the chase for what the 2004–05 NBA season has in store.

Western Conference Finals

San Antonio Spurs over Minnesota Timberwolves: Tim Duncan and Co., are the class of the Western Conference. They’ve got a coach who’s been there before (Greg Popovich), the best player in the game and a new guard (Brent Barry) who should fix the one Achilles heel the Spurs had last year: outside shooting.

Kevin Garnett is probably the best player in the NBA not counting Duncan, but with Latrell Sprewell and Sam Cassell both a year older and a year less wiser (both are crying over their contracts), it seems Minnesota just doesn’t have the maturity to take it to the next level. Plus, Garnett and Wally Szczerbiak reportedly hate each other too. Do not. Do so. Do not. Do so.

Eastern Conference Finals

Miami Heat over Detroit Pistons: It is

See GOAT, C-4

Capt. K.D. Robbins
The Professor

A fish out of water. “Mr. Mom.” “The Beverly Hillbillies”: Whatever the cliché, that sums up the Goat selecting the San Antonio Spurs as the 2005 NBA champion. So, before you bet the farm on the Goat’s instinct, please bear in mind that this is the same guy who lived and more aptly, died with reader Roy Estrada’s Lakers last season. As always, The Bottom Line’s predictions are “for entertainment purposes only.”

“Go west young man. Go West.”

Once again, the NBA talent pool appears to live on the left side of the mighty Mississippi. With T-Mac in Houston and the usual suspects: KG, Tim Duncan, Yao, C-Webb, and yes Kobe, the West is primed for another season of high-light reels and a return to NBA Championship glory. Keep reading. ...

Western Conference Finals

Dallas Mavericks over Minnesota Timberwolves: Yes. The Dallas Mavericks. This just in; Steve Nash is overrated. Jason Terry is underrated. The Mavs will post big numbers with the additions of Terry and Jerry Stackhouse. This team is incredibly deep with the addition of Dan Dickau, Calvin Booth and Alan Henderson plus Erick Dampier in the middle, the Mavericks are a sleeping giant in the West.

Hard to believe that Mark Cuban “quietly” has the most talented roster in the talent-rich West: Look for him to wheel and deal before the trading deadline.

“If it ain’t broke, don’t fix it.”

That’s the motto in Detroit and Indiana, as the two teams made few moves in the off-season. For the third year in a row the Pistons and Pacers are the class of the Eastern Conference. That said, there is a decent center in Miami who is a season and a deeper bench away from yet another ring ... stay tuned.

Eastern Conference Finals

Indiana Pacers over Detroit Pistons: The two deepest teams in the Eastern Conference will duel it out again. This time, Rick Carlisle and the Pacers find a way to stump the bronze medal Olympic coach and his group of defensive juggernauts in Detroit. The Pacers burned out last season. Between Ron Artest’s lack of bearing and Jermaine O’Neals lack of muscle, the Pacers fizzled. Not this season. In the swan song of a fun and gun career, motor mouth Reggie Miller will make it back to the NBA Finals, only to come up short. Team basketball will prevail in the East, but not in the Finals.

Bottom Line: Dallas over Indiana. The Dallas Mavericks are deep, real deep. Last season’s Pistons proved humility and a deep bench is the cornerstone to an NBA Championship. Other than the volatile Stackhouse, who Cuban may or may not deal by season’s end, the Mavericks have the stuff to get it done. Don Nelson convinces his team that defense is only needed if five guys don’t score 20 points each. With this lineup, seven guys can drop 20 a night. Defense is good, but 140 points a night is great.

Readers Strike Back

“This type of winning streak is a once in a generation thing.”

Dear Bottom Line,

I was glad to see an article commending New England’s great accomplishment.

With their win over the previously undefeated Jets that makes it 21 in a row and counting for the Patriots.

I thought it was good that the “Bottom

Line” acknowledged the Patriots because this type of winning streak is a once in a generation thing.

I was a little disappointed to see a movie review instead of an article on the amazing series between the Red Sox and Yankees but I still thought it was a good read about “Friday Night Lights” but just bad timing.

Hopefully I'll get to see a World Series article this week since I would think it is fitting to have the Patriots and Red Sox in back to back “Bottom Lines.” Keep the great articles coming.

*Tom Miller
Davis, CA*

K-Bay biathlon makes a splash



Lance Cpl. Bernadette L. Ainsworth

The 39 contestants of the first Splash and Dash Biathlon swim around the buoys in the 500-meter swim course before taking off on a 5K run. The course started at hangar 105, turned right toward the flight line and then back to hangar 101.

**Lance Cpl.
Bernadette L. Ainsworth**
U.S. Marine Forces Pacific

The rain subsided at Marine Corps Base Hawaii, Kaneohe Bay, just long enough for the first Splash and Dash Biathlon, hosted by Helicopter Anti-Submarine Squadron Light 37, to kick off Saturday.

The swim/run event began at 7:30 a.m. with 39 participants.

The participants run times were not affected by the flash flood warnings in effect on other parts of the island; at MCB Hawaii it was overcast and cool.

“It was a perfect weather morning, there was no rain, the water temperature was super and there were no waves. The run route was also easy, right there on the tarmac,” said Becker.

The competitors gathered around the starting point waiting for the signal to start the 500-meter swim at the water-

front near the hangar 101 helicopter pad. The contenders had to swim around three buoys before heading back to shore.

Once the participants completed the 500-meter swim they exited the water, dried off and got their running shoes on, all with the clock still running, for the next portion of the event.

The course went to hangar 105, turned right toward the flight line and then back to hangar 101.

The overall and men’s category winner was Aubrey Curtis with a finishing time of 26:03. Coming in 33 seconds later was second place winner Adam Becker, with 26:36, and Jim Kilby, who took third with 28:15.

Tawney Jones took first place in the overall women’s category with a time of 27:22. Karen Merrill took second with 28:56 and Susie Szatkowski came in third with 31:05.

“The turnout for the Splash and Dash was small, probably because there was a triathlon the next day,” said Steve Kalnasy, the Varsity Sports Coordinator for the Semper Fit Center here. “If there isn’t a triathlon, I’m sure there will be more participation next year.”

According to Kalnasy, this event is planned for the next five years, around the same time frame.

“This race was fun, safe and made you want to look forward to the next one. I had an immense amount of fun,” said Becker.



Lance Cpl. Bernadette L. Ainsworth

After finishing a 500-meter swim in Kaneohe Bay, participants of the first Splash and Dash Biathlon start the 5K run. The Splash and Dash was hosted by Helicopter Anti-Submarine Squadron Light 37 at Marine Corps Base Hawaii, Kaneohe Bay, Saturday.

GOAT, From C-3

hard to not pick Detroit, since they are for all intensive purposes the same team that waltzed through the NBA finals last year.

However, it’s also hard to look past the fact that they’re just not that good, that they beat a myopic Lakers team that was imploding before their eyes, and that Rasheed Wallace will most likely be battling glaucoma-related issues all season. The Heat is on.

Bottom Line:

NBA Finals
Spurs over Heat: Shaq might get another ring before it’s all said and done, but not in 2005.


It is too much to ask, even of Shaq, to deliver so quickly with so little. A year with Dwyane Wade and the experience of losing in the 2005 NBA Finals will only strengthen their resolve in 2006. And then, with an acquisition or two, the Heat will be ready for Shaq to deliver on his promise of a ring for the city of Miami.

However, for now, San Antonio is just way too complete a team.


our Reputation

Is Riding With You

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In the spirit of Halloween

Supply ghosts and goblins run amuck

**Story and Photos by
Lance Cpl. Michelle M. Dickson**
Media Chief

In the midst of all the spooks, haunts and candy involved in the festive Halloween holiday, Marines from Supply Company, Combat Service Support Group 3, still haven't forgotten one of the most important things in a Marine's daily agenda — some motivated physical training.



Marines from Supply Company wore all types of spooky and comical costumes during their third annual Halloween Run, Friday afternoon.

Marines work hard every day and are serious about their work, they need to have the opportunity to get out there and have some fun sometimes."

The tradition began three years ago with the commanding officer prior to Burch.

"Maj. Puglisi began the run with the exact idea that the Marines needed to get out there and be able to just have fun at times and not worry about it," said Burch. "When I took over I knew I had to keep the tradition going."

The event did have one new addition to the run, and that was a Halloween costume contest.

"The point of the contest is to give Marines

Roughly 30 Marines took part in the third annual Halloween run here, Friday afternoon. Cadence was bellowing from the mouths of everything from zombies and corpses, to witches and goblins.

"This is the second one that I've run with the Marines and I think it's really a good morale booster for them," said Capt. Ashley Burch, commanding officer for Supply Company, CSSG-3. "These



The Marines from Supply Company, CSSG-3, passed by building 216 as part of their Halloween run route. The run was more than two miles in full costumes ranging from pirates and ghouls to presidents, and took them past Kahuna's, building 216 and down Mokapu Road.

the incentive to really go all out with their costumes," said Burch. "Whichever Marine comes out on top for the contest gets a day off from work, so there is definitely some good incentive there."

After the winner was announced, the group began their two-mile Halloween run, which followed a course around Kahuna's, up past the MCB Hawaii commanding general's building,

and then down Mokapu Road before circling back around to CSSG-3.

"This was my first year of actually participating in the Halloween run," said Pfc. Katherine Warner, a supply clerk. "Last year I was on deployment and wasn't able to make it out. I'm really glad I did this year though.

"It was actually really fun being with everyone I work with and seeing them in costume.



Pfc. Katherine Warner (right), a supply clerk with Combat Service Support Group 3, stands by during a safety brief in her "boxed gear" costume.

It's fun to get out there and be able to let things go once in a while."

The Halloween run will continue next year with hopes of a bigger group with people returning home from deployments.

MWR/MCCS sports get a modern twist

MCB Hawaii Intramural Sports schedule 2005

January
3 —Men’s & Women’s bowling start at K-Bay Lanes
17 — Men’s basketball starts at Semper Fit Center
24 — Men’s baseball starts Riseley Field

February
9 — Co-ed softball starts at Annex Field
21–22 — Intramural Surf Meet

March
12–13 — Surf Meet

April
12 — Men’s Softball league starts
28 — Men’s and Women’s Volleyball starts

May
23 — Soccer league starts at Pop Warner Field

June
2 — Men’s & Women’s Bowling
10 — Men’s 30 and Over Basketball starts at Semper Fit Center
24 — Swim meet

July
7 — Women’s softball starts

August
2 — Tackle football practice starts

September
7 — Tackle football season starts at Pop Warner Field
22 — Flag football season starts
22–23 — Intramural Surf Meet

October
10 — Men’s Fall Softball league starts

November
26 — Intramural Golf Tournament at Kaneohe Klipper Golf Course
27–28 — Intramural Surf Meet

December
7 – Racquet Ball Tourney
16 – Tennis Tourney

Holly Selders
LIFELines

You’re watching Navy Jeopardy. Petty Officer 1st Class Wes Hines chooses. “Military Surprises for \$400.”

Host Alex Trebek says, “Throwing, punting, passing, jabbing, curling, and dribbling.”

Hines pounces on his game buzzer. “What are terms not generally associated with the Navy?”

“Correct.”

Hines says, “Military Surprises for \$600, Alex.”

Trebek provides the next answer: “Intramural sports programs.”

Hines swoops again. “What are rated top quality-of-life issues for Sailors and Marines?”

“Correct again!” And the round continues.

The goal of the Navy’s Morale, Welfare and Recreation and Marine Corps Community Services is fitness, according to John McCarthy, MWR operations manager for fitness and sports for the Mid-Atlantic Region.

Gone are the days when “fitness” meant a few basketballs, a tattered volleyball net, and some floor hockey gear. Modern facilities have their own athletic directors and certified instructors who know fitness inside and out.

These fitness team members are available to all Sailors, Marines, and their families. MWR/MCCS facilities typically include access to swimming, running, triathlon teams, and classes in aerobics, kick-boxing, weight training, cycling, golf, bowling, sailing, and tennis — to name a few. They also offer incentives such as free T-shirts for achieving various fitness-oriented goals.

Intramural sports draw the biggest crowds. Sailors and Marines compete base-wide with other teams in a program most regions call the Captain’s Cup. At U.S. Naval Air Station Keflavik, Iceland, NATO teams play around Iceland and abroad.

According to McCarthy, each region offers a unique version of this popular competition. Besides basketball, there’s baseball, bowling, running, horseshoes, racquetball, volleyball, and other sports. Athletes in individual-style sports such as archery and golf win points at MWR tournaments. At the end of a pre-announced season, the winning command receives prizes, plaques, or trophies.

Club sports are available on demand — for example, a judo or cricket team could be offered if there’s enough interest. Running programs are also popular, and most MWR programs sponsor 5K and 10K runs.



Cpl. Megan L. Stiner

The tackle football league is one of the most popular intramural sports league aboard MCB Hawaii. Units compete like madmen for the coveted intramural football league championship title. Above members of the Headquarters Battalion Warriors defensive line attempt to take down Marine Aircraft Group 24 Bandit’s quarterback Jeremy Brown as he slides up the field.

If collegiate athletics are your game, visit Naval Academy Varsity Athletics, where you’ll find a recruiting page for potential athletes. Little Leaguers can register with the Billy the Kid Club. Naval Academy athletes have the option of intercollegiate club sports.

Lt. j.g. Jennifer Becht, a Naval Academy graduate and crew team member, notes that athletics are big and that all students are expected to participate in a team sport every semester.

Although the Navy and Marine Corps aren’t in the business of developing athletes, elite contenders can compete both nationally and internationally via the All Navy Sports Program (NSP) and All Marines Sports Program.

If you’re interested, ask your MWR or MCCS athletic director for information, and fill out an application. Eligible athletes

are invited to and then selected from a training camp. The competition is fierce and requires your commanding officer’s approval to go. Rich Elliott, a previous contender for the All Navy Wrestling Team, warns that you’re a Sailor first and an athlete second — which can be hard when you have to balance workouts and work.

Navy and Marine teams compete in the Armed Forces Championships, and outstanding athletes go on to an all-star armed forces team that plays at national tournaments or the Conseil International du Sports Militaire.

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BOXING, From C-1

who would be awarded with the win. Ransom stood solemnly still as his opponent's glove was raised. He fought hard but in the end, the points were in favor of Palolo. Although Ransom didn't walk away with a victory it was apparent he still had his pride. "I hope the fans realize the heart we put into our performance," said Ransom. "I hope they know that military members are not average people and they differentiate who the military fighters are through our willingness to overcome the obstacles in front of us." After intermission the semi-main and main event fights were the last two to go. Ronald Miller gave the fans a fight to remember on behalf of Fighter's Unlimited. As soon as the referee said "fight," the bout was as good as over. Miller instantly came at his opponent with domination in his eyes and fire in his gloves. His opponent, Mark Rodrigues, was not easily defeated though. Both fighters were very skilled, landing combinations and attacking with jabs and hooks. They both showed great speed and concentration, but even before the end of the fight, the crowd knew victory was Millers. The last round proved he deserved the win. As his opponent became weary and his concentration faded, Miller remained focused and fought with intensity until the end. "I was tired," said Miller. "I knew he was too though, and I made sure he couldn't see the exhaustion on my face. It comes with experience. I could see the pain in his face, and I took advantage of it." The main event was between Fighter's Unlimited's

only Sailor, Rian Torrance, and Palolo's undefeated fighter, Brent Rodrigues. Torrance, as usual, put on a show for the crowd. Unfortunately for him, the glory of the fight did not end in his favor. The two experienced boxers came out with fire in their gloves, attacking each other with drive and vigor. Both fought well, but in the second round, the odds turned in favor of Palolo. Rodrigues familiarized Torrance with his left hook three times, successfully knocking him to the ground each time, before the fight was called by the referee. Although the Fighter's Unlimited team didn't walk away with four wins, as they would have liked, they walked away with pride and a new sense of experience. "We didn't win them all, but a fight is a fight, it adds understanding to the sport and gives the fighters something to work on next time," said Fighter's Unlimited Coach Jack Johnson. "I am proud of each of them no matter what the outcome was." This was Johnson's final boxing tournament before he leaves on deployment to Afghanistan. He said a win would have been nice, but that was not the most important thing. "These boy's work so hard and put so much time and effort into this sport," he said. They fight because they love it and I am glad I could be a part of making that happen." Once Johnson leaves he hopes Marine Corps Community Services will spark up an interest in the team and help to create a base boxing club. Until then his wife, Tina, will schedule events and help to keep arranging tournaments on base for the fighters to participate in and the fans to enjoy.

FOOTBALL, From C-1

down. More excitement came into play when Outlaw linebacker Marvin Walker and Warrior Matt Baughman came together in a massive collision on a handoff and riled up both teams. Besides that, Winchester and Benavides played catch while the Warrior defense held them back until possession changed and Martin had a chance to run sprints to the outside before the Outlaws could knock him out of bounds. But the action was short lived as the teams soon resorted back to punt practice for the kickers. The teams seemed to be so evenly matched both defensively and offensively that neither could find a weakness to break through to add some points to the board. Before the end of the half Martin desperately tried to get a pass off to Fury, but couldn't seem to find the receiver's hands. The half ended with the scored tied 0-0. Due to the defense preventing any movement up the middle, the quarterbacks began to try their luck with long passes. Although they nearly doubled their first downs from the previous two quarters in one possession neither the Warriors or the Outlaws could find a receiver within scoring position.

The third quarter ended with still no score, but with the Warriors closer than they had been to the goal line all night. Martin led the offense into scoring range, then passed the ball to Kenneth Croft who drove up the middle for the lone touchdown of the game. With a couple more turnovers running the clock out, the Outlaws began to make a comeback. Winchester, Nick Chapman and the rest of the offense pushed past the Warriors until it looked as if they might have enough momentum to even up the score. With less than two minutes on the clock, Winchester went back for the pass, which resulted in a fumble on the play. Warrior on-field spokesman Croft recovered the loose ball and headed back up towards Warrior territory sealing the win and securing the Warriors the top seat in the play-offs. "This was a hard fought game and it showed that no matter what the situation, we are going to give everything we have to win. It was not really important if we had won or lost that game because we had already clinched first place and the bye, but we just don't like the thought of losing," said head coach Avis Tolliver. "We proved that regardless of the number of players we have or do not have at the game, we are still a force to be dealt with. This team feels it's "Base Champs or bust."

MARATHON, From C-1

port Bailey was extremely important for her family. "We've been a tight family for a long time," said Sullivan. "Dad was a Marine and was hurt in Vietnam, [and] he was a huge inspiration for all of us. We have always wanted to do well for him. It's all about doing good for the Marine Corps and our family." Sullivan said his sister's success at this year's Marine Corps Marathon was also fueled by her personal dedication to being the best in every endeavor.

"She has the will and determination to succeed," said Sullivan. "It's the kind of determination you don't see in normal people. She is a very focused person who takes a lot of pride in what she does." Sullivan also said he could not have been more proud of his sister as the first representative of the Marine Corps to win the women's division of the race in 25 years. "This is huge for the Marine Corps," said Sullivan. "My first thought was, 'Yeah, that's my sister.' I couldn't have been more emotionally touched if I had crossed the finish line myself. The amount of pride I felt was overwhelming."

SOFTBALL, From C-1

are the best team out here but haven't gotten the chance to play together much. This is the first team that 2/3 has had for softball so we just need more time and need to keep our heads in the game." This was the eighth and most difficult game so far in the season for 3rd Radio. "They really hit the ball and made it difficult for us towards the end," said Adams. "We have to give them their credit but we just gave them a lot of extra outs." He hopes the team will continue to do well as they continue throughout the season. "I feel like we're actually better than last year," said Adams. "I don't see why we wouldn't be season champions again this year."

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